



VILLA EDEN

30 years of experience

Good Health
Guide

2012



Dearest Guests,

I am delighted to welcome you to the magical world of Villa Eden and to invite you to discover the diverse possibilities of a stay that has been especially designed for you to regain your natural balance and your physical and inner state of well-being.

Upon entering our exclusive Health Spa, you can experience a profound and unforgettable sensation firsthand and we will help you, day by day, to discover your true potential and improve your quality of life, making it healthier, happier and richer.

For your stay at Villa Eden you can choose from our highly professional weekly programmes that allow you to face common problems such as weight gain, stress, and a variety of aesthetic problems in a positive way with a thorough medical consultation, targeted therapies and treatments to guarantee a process of regeneration paired with healthy nutrition. Also awaiting you are numerous short programmes tailored especially for guests without much time at their disposal, wishing to sample the philosophy of Villa Eden, for moments of pure relaxation in the splendid setting of our Health Spa.

We are honoured to welcome you as our special guests and would like to take this opportunity to invite you to browse through our new Good Health Guide 2012, where you will find further information on the weekly and short programmes as well as some exceptional offers dedicated to your own personal wellbeing.

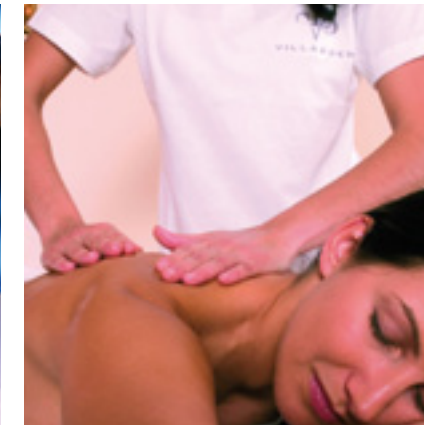
We are always here for you! Warmly,



Angelika Schmid



COMBAT STRESS	WEIGHT LOSS	DETOX
A harmonious equilibrium for body and soul is a vital condition for good health. Stress is the breakdown of this balance, and the mind or body's way of dealing with internal or external pressures due to specific events and situations. With the help of relaxation techniques, targeted treatments and the support of our medical staff, we seek the factors causing the stress, in order to find the best strategies to combat it.	A body in equilibrium and a healthy lifestyle rarely coincide with a weight problem. Achieving an ideal weight is possible only through correct style of eating, movement, discipline, dedication and the knowledge of what our body, and only our body needs. With our staff of professionals you will regain your perfect physical and mental balance in a simple and natural way.	Detox seems like a word with a complicated meaning but it is simply the base needed to rebuild vibrant health. To properly prepare the body for treatments, it is necessary to free all toxins, excess acidity and waste. When the internal cleaning is completed, each treatment will be more readily "accepted" by the body and will reap more benefits for body and soul.
REDISCOVER BEAUTY	CELLULITE	EXCLUSIVE EDEN
The philosophy of Villa Eden is based on the concept of REGENERATION. Our organism has to be brought back to its natural functionality from the medical as well as aesthetic point of view. The beauty section and the VECS medical section, working in close collaboration, focus on the regeneration of the organism via energetic equilibrium, and continue until every therapy and beauty treatment are operating harmoniously.	Cellulite is a nuisance for many women. There is much talk about it and opinions vary widely. Cellulite is caused by a degeneration of the micro circulation of the fatty tissues with consequential alteration of its important metabolic functions. Treatment of cellulite means confronting an organic and metabolic imbalance. The combination of a correct diet, aesthetic treatments and targeted physical activity produce long lasting results.	Our Villa Eden Signature Guest programme is geared toward our special clients who want the very finest: to be in the best shape possible and immerse themselves in an atmosphere of calm and relaxation. This complete and innovative programme of Villa Eden allows you to regain significant results for body and mind and find your natural balance.



■ WHY CHOOSE VILLA EDEN?

Thousands of guests, many of which return to us time and again, have discovered the pleasure of a stay at Villa Eden, an ambience completely dedicated to relaxation, enjoyment, health and wellness.

At Villa Eden you can find everything you need, all you desire. Here you are free to create a vacation that is completely unique, just for you. Change your lifestyle for good and be active, or simply relax: every moment is yours alone.

Discover a precious vacation. Discover the passion for a healthy way of life.

■ VILLA EDEN FOR MEN, TOO?

Villa Eden is the ideal place not just for women but also men can dedicate themselves to a search of mental physical and spiritual harmony.

With the detox programme, weight loss and anti ageing, our male guests can find a specifically targeted response to their needs of grooming, health and physical and mental well-being.

We emphasize that the anti-stress and relax programmes are particularly recommended for managers and businessmen.

VILLA
EDEN
LOYALTY

PREFERRED GUEST AWARD

The extraordinary success of Villa Eden has only been possible because of the 50,000 guests that we have had the privilege to welcome in our house. A special thanks goes out to those who haven't stopped at one visit, but who have continually honoured us with their presence. It seems only fitting that we thank our loyal guests with Preferred Guest Award, with a 5% discount on every weekly programme reserved.

Note: guests that have stayed at Villa Eden on a weekly programme at least once are eligible for the Preferred Guest Award. The offer is valid for the next stay, reserving a weekly programme. The Preferred Guest Award is not applicable for short stays or programmes of room and meals only, and is not cumulative with other offers.

VILLA
EDEN
TEENS

TEENAGER' SPECIAL

Fantastic programme dedicated to teens aged from 12 to 19 years. This programme includes 7 nights with full board and the following treatments:

- Initial medical consultation
- Tomographic diagnostics, quantitative and qualitative analytical evaluation of body mass
- Daily consultation with our doctors to discuss objectives, progress and results
- 1 hour of personalised treatments per day to choose together with the doctor
- 1 hour per day of group fitness activity
- 2 hours per day of low-impact group gymnastics
- Creation of a personalised nutritional programme with the doctor
- Excursions to Merano and the surrounding area
- Results of the diagnostics and advice for a maintenance programme

€ 1.680 per person in Traditional room

€ 1.980 per person in Prestige room

Offer valid for all of 2012, excluding high season periods.

ACCOMPANYING GUESTS

Inquire at our reservations office about special offers dedicated to family members and friends who wish to accompany teenagers.



VILLA
EDEN
1 + 1

FORMULA 1+1!

With a supplement of just € 350,- on a package of at least 7 days you can host a second person in your room with full board plan:

- one 7 day vital package of your choice
- one person sharing your room with full board

Space is limited, so to take advantage of this offer we recommend you reserve at least 21 days in advance.

This offer is subject to reconfirmation. High season periods are excluded. Not cumulative with the Preferred Guest Award.

VILLA
EDEN
SPECIAL

BRING A FRIEND FREE!

04.03. - 11.03.12, 15.04. - 22.04.12, 17.06. - 24.06.12, 07.10. - 21.10.12, 11.11. - 18.11.12

With a minimum 7 day programme you can host a second person for a stay with full board in a room with shared bed (treatments are excluded).

Space is limited so, to take advantage of this offer we recommend you reserve at least 21 days in advance.

This offer is subject to reconfirmation. Not cumulative with the Preferred Guest Award.

VILLA EDEN STANDARD

There are many reasons to come to Villa Eden. Choose from one of our many relaxing offers on the following pages.

In order to keep a higher quality standard than regular, traditional hotels or one of the numerous wellness hotels, Villa Eden offers weekly programmes that include the following services:



MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Daily medical meetings about goals, progress and results

HEALTHY GOURMET CUISINE:

- Balanced nutritional programme of your choice and under the direction of a medical consultant

ACTIVITIES FOR BODY & MIND:

- Group physical activities such as muscular awakening, yoga and water aerobics, free use of the completely equipped gym

VILLA EDEN ACADEMY:

- "Villa Eden's Philosophy" presented by Angelika
- Evening meetings with our doctors/specialist members of VECS (Villa Eden Scientific Committee)

SERVICES:

- Free use of the solarium
- Personal Guest Relations Manager service with daily animation programme
- Personal bathrobe and slippers
- Reserved parking space

AT THE END OF YOUR STAY WE WILL PRESENT YOU WITH THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Instructions for follow-up and individualized dietary recommendations
- Advice for follow-up at home

VILLA EDEN À LA CARTE

Can't find a programme that's right for you? Try Villa Eden à la Carte, an individualized programme from 2 to 7 nights which helps you achieve a healthy and active lifestyle.

Whatever your reasons for coming to Villa Eden, you'll find just what you're looking for with the à la Carte option.

THIS PROGRAMME INCLUDES 1 HOUR OF TREATMENTS PER DAY TO CHOOSE FROM (for example: arrival: Sunday, departure: Thursday: 4 nights and 4 hours of treatments).

VILLA EDEN À LA CARTE	19.02 - 31.03.12 / 02.09 - 27.10.12					
	2 DAYS	3 DAYS	4 DAYS	5 DAYS	6 DAYS	7 DAYS
Traditional (Halfboard)	420	630	845	1.060	1.275	1.490
Prestige (Halfboard)	520	780	1.045	1.310	1.575	1.840
Single (Halfboard)	450	675	905	1.135	1.365	1.595

VILLA EDEN À LA CARTE	01.04 - 04.08.12 / 28.10 - 09.12.12					
	2 DAYS	3 DAYS	4 DAYS	5 DAYS	6 DAYS	7 DAYS
Traditional (Halfboard)	470	710	945	1.185	1.425	1.665
Prestige (Halfboard)	570	860	1.145	1.435	1.725	2.015
Single (Halfboard)	500	755	1.005	1.260	1.515	1.770

VILLA EDEN À LA CARTE	05.08 - 01.09.12 / 23.12.12 - 13.01.13					
	2 DAYS	3 DAYS	4 DAYS	5 DAYS	6 DAYS	7 DAYS
Traditional (Halfboard)	upon request	upon request	upon request	1.285	1.545	1.805
Prestige (Halfboard)	upon request	upon request	upon request	1.535	1.845	2.155
Single (Halfboard)	upon request	upon request	upon request	1.360	1.635	1.910

When you book your stay, you'll receive a confirmation along with the "Take off" brochure, which can help you customize your time at Villa Eden. You can also make your choices during your on site consultation with our doctors and specialists.

The Villa Eden à la Carte programme can be reserved on a fullboard basis. Ask our reservation office about our all-inclusive price. Thank you.

WEEKLY PROGRAM

REMISE EN FORME

After a detailed diagnostic with medical counselling, we will create the perfect programme for you to achieve your goals in the medical and beauty areas. This programme's aim is to detoxicate and regenerate your body to improve your health and beauty.

GOALS: detox and regenerate the body to regain vibrant health and beauty.

This programme is based on a 7 nights full room and board treatment and on the following treatments:

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG
- Daily medical meetings about goals, progress and results

THERAPY:


- 12 hours of individual treatments of your choice under the direction of a medical consultant

HEALTHY GOURMET CUISINE:

- The "New Well-being Gourmet Cuisine" with personalized detoxification menu

AT THE END OF YOUR STAY WE WILL GIVE YOU THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Summary of treatments and therapies
- Instruction for follow-up and individualized dietary recommendations

	REMISE EN FORME	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Traditional	2.450	2.630	2.770
	Prestige	2.800	2.980	3.120
	Single	2.560	2.730	2.870

To optimize the results we strongly recommend extending your stay up to 10 days. Ask the advance booking office for the flat rate. Thank you.

WEEKLY PROGRAM

WEIGHT LOSS

Our individual weight loss programme allows you to reach your ideal weight and improve your health. It makes you more fit and teaches you how to achieve and maintain your weight loss goals.

GOALS: weight loss is the main goal, but the weight loss programme also achieves a complete aesthetic and mental balance: once you've attained inner harmony, you'll be able to maintain your weight loss.

This programme is based on a 7 nights full room and board treatment and on the following treatments:

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG
- Daily medical meetings about goals, progress and results

THERAPY:


- 5 biophysical therapy sessions with 5 mechanical lymphatic drainage treatments
- 6 biothermic treatments (stimulating and detoxifying the metabolism)
- 3 neuromuscular and draining massages
- 3 algae wraps
- 1 sporting check-up with lactate measurement

HEALTHY GOURMET CUISINE:

- The "New Well-being Gourmet Cuisine" with personalized detoxification menu

AT THE END OF YOUR STAY WE WILL GIVE YOU THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Summary of treatments and therapies
- Instruction for follow-up and individualized dietary recommendations
- Personal trainer's individualized schedule for physical follow-up at home

	WEIGHT LOSS	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Traditional	3.095	3.270	3.410
	Prestige	3.445	3.620	3.760
	Single	3.200	3.375	3.515

To optimize results we strongly recommend extending your stay up to 10 days. Ask the advance booking office for the flat rate. Thank you.

WEEKLY PROGRAM

ANTI-STRESS

The harmonic balance between body and soul is an essential component of good health. Stress caused by internal or external pressures that are a part of everyday life can disturb this balance.

GOALS: everyone reacts differently to stress, but there are methods and therapies that can help anyone suffering from its effects.

This programme is based on a 7 nights full room and board treatment and on the following treatments:

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG
- Daily medical meetings about goals, progress and results

THERAPY:


- 4 anti-stress massages (85 min.)
- 5 Chakra stimulations with sound therapy
- 3 reflexology treatments with chromo therapy
- 3 therapy sessions for sleep disturbances
- 2 Shiatsu treatments
- 1 scalp treatment
- 1 anti-stress lesson with personal trainer

HEALTHY GOURMET CUISINE:

- Balanced nutritional programme of your choice and under the direction of a medical consultant

AT THE END OF YOUR STAY WE WILL GIVE YOU THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Advice for follow-up at home
- Personal trainer's individualized schedule for physical follow-up at home

	ANTI-STRESS	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Traditional	3.080	3.255	3.395
	Prestige	3.430	3.605	3.745
	Single	3.185	3.360	3.500

To optimize the results we strongly recommend extending your stay up to 10 days. Ask the advance booking office for the flat rate. Thank you.

WEEKLY PROGRAM

VILLA EDEN SIGNATURE GUEST

Our Villa Eden Signature Guest programme is geared toward our special clients who want the very best: to be in the best shape possible and immerse themselves in an atmosphere of calm and relaxation.

GOALS: Villa Eden Signature Guest is our most complete and innovative programme; like our other offerings, it provides our guests with opportunities to heal mind, body and soul.

This programme is based on a 7 nights full room and board treatment in Prestige Room and on the following treatments:

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG
- Daily medical meetings about goals, progress and results

THERAPY:

- 4 hours per day of selected treatments per medical consultation
- 1 sporting check-up with lactate measurement
- 1 physical training session with personal trainer and elaboration of a personalized programme

HEALTHY GOURMET CUISINE:


- Personalised detox nutritional regime

SERVICES:

- 10% discount on the purchase of Villa Eden's Bio-beauty culture products and alimentary integrators
- 10% discount for the purchase at Rametz Castle of Karl Schmid's products
- Newspaper in the room
- Clothes service
- Free transfer to and from Bolzano for guests who travel by train or by airplane
- Personal Guest Relations Manager service with daily animation programme
- Free use of the solarium
- Personal bathrobe and slippers
- Reserved parking space

AT THE END OF YOUR STAY WE WILL GIVE YOU THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Instruction for follow-up and individualized dietary recommendations
- Personal trainer's individualized schedule for physical follow-up at home

	VE SIGNATURE GUEST	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Prestige	4.130	4.300	4.440

To optimize the results we strongly recommend extending your stay up to 10 days. Ask the advance booking office for the flat rate. Thank you.

WEEKLY PROGRAM

ANTI-CELLULITE

Cellulite is caused by a degenerating microcirculation of the fatty tissue. As a result, the most important metabolic functions are adversely affected.

GOALS: to treat cellulite, the organs and metabolism must be restored. The combination of correct diet, aesthetic treatments and physical activity achieves results that can be maintained over the long term.

This programme is based on a 7 nights full room and board treatment and on the following treatments:

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG
- Daily medical meetings about goals, progress and results

THERAPY:

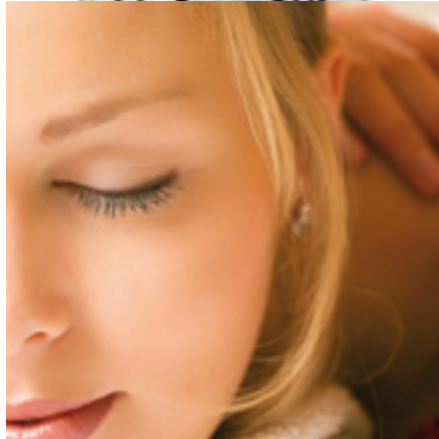
- 6 body form treatments
- 6 algae treatments
- 1 sporting check-up with lactate measurement

HEALTHY GOURMET CUISINE:

- Full board stay with detoxification menu

AT THE END OF YOUR STAY WE WILL GIVE YOU THE FOLLOWING DOCUMENTS:

- Diagnostic results
- Instruction for follow-up and individualized dietary recommendations
- Personal trainer's individualized schedule for physical follow-up at home



ANTI-CELLULITE	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
Traditional	3.185	3.360	3.475
Prestige	3.535	3.710	3.810
Single	3.290	3.460	3.580

To optimize the results we strongly recommend extending your stay up to 10 days. Ask the advance booking office for the flat rate. Thank you.

SHORT PROGRAM

JUST RELAX

GOALS: lower your stress levels, re-energize and relax.

This programme is based on a 3 night wellness & Spa, daily full room and board plan.

MEDICAL SERVICE AND DIAGNOSIS:

- Medical evaluation
- Tomographic diagnostic and quantity and quality analysis of the body composition
- Evaluation of physical constitution and BMI (fat tissue, lean and muscular mass and percentage of water)
- ECG

THERAPY:

- 2 full body massages
- 1 Chakra stimulations with sound therapy
- 1 algae wrap with black sea salt
- 1 oxygenated facial with the VECS method

HEALTHY GOURMET CUISINE:

- Balanced nutritional programme of your choice and under the direction of a medical consultant

ACTIVITIES FOR BODY & MIND:

- Water aerobics sessions
- Yoga sessions
- Free use of the completely equipped gym

SERVICES:

- Free use of the solarium
- Personal Guest Relations Manager service with daily animation programme
- Personal bathrobe and slippers
- Reserved parking space



	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
JUST RELAX			
Traditional	1.270	1.345	upon request
Prestige	1.420	1.495	upon request
Single	1.315	1.390	upon request

SHORT PROGRAM

INTENSIVE ANTI-AGING

GOALS: prevent, treat and slow age-related organism decline in order to reach wellness and an optimal quality of life.

This programme is based on a 3 night wellness & Spa, daily full room and board plan.

THERAPY:

- 3 facial-neck treatments with the superoxide dismutase molecule (55 min.)
- 1 iodine scrub (110 min.)
- 1 neuromuscular and draining body massage with Omega 3 (55 min.)

HEALTHY GOURMET CUISINE:

- Balanced nutritional programme of your choice and under the direction of a medical consultant

ACTIVITIES FOR BODY & MIND:

- Water aerobics sessions
- Yoga sessions
- Free use of the completely equipped gym

SERVICES:

- Free use of the solarium
- Personal Guest Relations Manager service with daily animation programme
- Personal bathrobe and slippers
- Reserved parking space



	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
INTENSIVE ANTI-AGING			
Traditional	1.075	1.150	upon request
Prestige	1.225	1.300	upon request
Single	1.120	1.195	upon request

SHORT PROGRAM

MANAGER RELAX

GOALS: take a break, release stress and find your own natural balance in order to face the frenzy of daily life with new vitality and energy.

This programme is based on a 2 night wellness & Spa, daily full room and board plan.

THERAPY:

- 1 Chakra stimulation
- 1 relaxing massage with special body oils (55 min.)
- 1 scalp treatment
- 1 reflex treatment with chromotherapy

HEALTHY GOURMET CUISINE:


- Balanced nutritional programme of your choice and under the direction of a medical consultant

ACTIVITIES FOR BODY & MIND:

- Water aerobics sessions
- Yoga sessions
- Free use of the completely equipped gym

SERVICES:

- Free use of the solarium
- Personal Guest Relations Manager service with daily animation programme
- Personal bathrobe and slippers
- Reserved parking space

	MANAGER RELAX	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Traditional	635	685	upon request
	Prestige	735	785	upon request
	Single	665	715	upon request

SHORT PROGRAM

VILLA EDEN BREAK

GOALS: this programme provides guests with the opportunity to learn more about Villa Eden's unique and special philosophy and to demonstrate that improving their health and well-being is possible and need not involve tremendous effort.

This programme is based on a 2 night wellness & Spa, daily full room and board plan.

THERAPY:

- 1 anti-stress-massage (85 min.)
- 1 regenerating facial-neck treatment with the VECS method
- 1 algae wrap with black sea salt

HEALTHY GOURMET CUISINE:


- Balanced nutritional programme of your choice and under the direction of a medical consultant

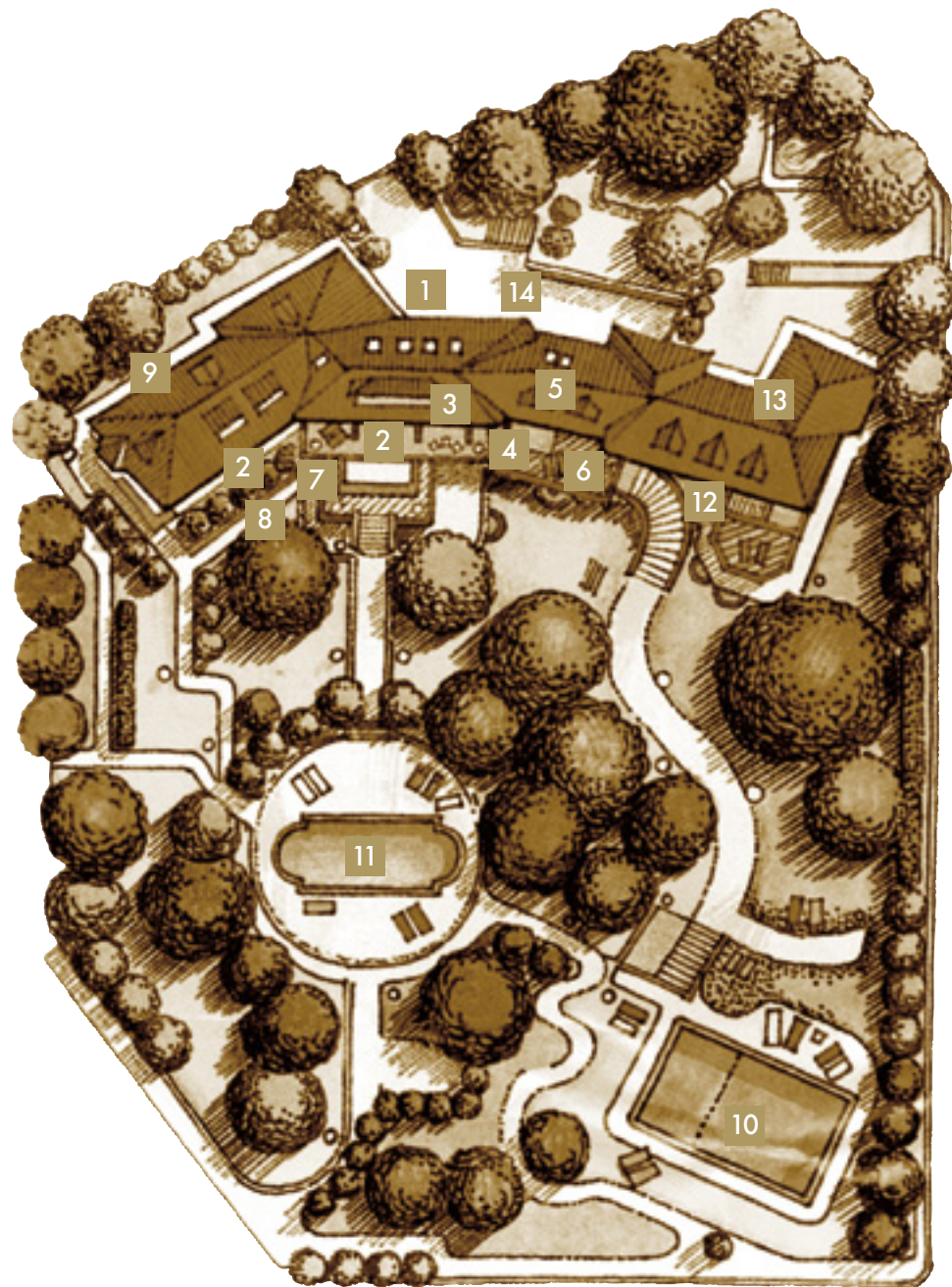
ACTIVITIES FOR BODY & MIND:

- Water aerobics sessions
- Yoga sessions
- Free use of the completely equipped gym

SERVICES:

- Free use of the solarium
- Personal Guest Relations Manager service with daily animation programme
- Personal bathrobe and slippers
- Reserved parking space

	VILLA EDEN BREAK	19.02 - 31.03.12 02.09 - 27.10.12	01.04 - 04.08.12 28.10 - 09.12.12	05.08 - 01.09.12 23.12.12 - 13.01.13
	Traditional	605	655	upon request
	Prestige	705	755	upon request
	Single	635	685	upon request



MAP OF RESORT

- 1 Reception
- 2 Restaurants and terraces
- 3 Lounge
- 4 Reading rooms, videocinema
- 5 Yoga Salon
- 6 Indoor pool
- 7 Medical Area | Diagnostic
- 8 Shiatsu
- 9 Algae therapy
- 10 Outdoor pool
- 11 Lake of the lily pads
- 12 Medical Beauty Area
- 13 Fully equipped gym
- 14 Garage entry

GENERAL INFORMATION

IT'S EASY TO GET TO VILLA EDEN

BY CAR

Brennero Autobahn A22 to Bolzano South towards Merano, Exit Merano South, towards Merano Center, follow the brown signage of the hotel route.

BY PLANE

The closest airports are Bolzano/Bozen (25 km), Verona (190 km), Treviso (215 km), Brescia (240 km), Bergamo (260 km), Venice (300 km) and Milan (340 km).

FIND YOUR FLIGHT TO VILLA EDEN:

- airalps.it
- aeroportoverona.it
- alitalia.it
- meridiana.it
- airdolomiti.it

At the time of your reservation, don't hesitate to contact us or ask your travel agent. There is the possibility of round-trip transfer Bolzano/Bozen airport-Villa Eden.

BY TRAIN

The InterCity and EuroCity stop in Bolzano/Bozen. You can take a local train from Bolzano to Merano.

ARRIVAL AND DEPARTURE

On the day of your arrival your room will be available to you at 3:00 p.m. On the day of departure check out time is 12:00 noon.

RESERVATION CONFIRMATION

Your booking is valid upon receipt of € 800 (for 7 nights or longer) per person or € 400.00 (for 3 to 4 nights) per person.

CANCELLATION POLICY

In general terms we use the EU travel regulations as our guidelines. In case of a booking cancelled within four weeks prior to arrival, a later day of arrival or early departure, or if you make a complete cancellation you will be charged for the full amount.

METHODS OF PAYMENT

We accept personal checks, EC cards, cash, AMEX, VISA and Mastercard.

ACTIVITIES AND GROUP SESSIONS

We are pleased to inform our clients that the activities and group courses such as yoga and gymnastics are included in the total price and are offered every day from Monday through Saturday. We kindly ask our guests to understand that group activities and personal training sessions cannot be substituted with other therapies.

CHILDREN

We have a soft spot for children and believe that they are a special gift. For this reason we'd like to inform you that Villa Eden is not suited for a vacation with children. We place great value on rest and relaxation at our facility and these are not really conditions under which children can feel at home. For those who would like to plan a vacation with children, we would gladly recommend appropriate family hotels.

SMOKING POLICY

We'd like to inform our guests that Villa Eden is a non-smoking hotel. The smoking areas are the terraces and the park.

ANIMALS

We only accept small dogs with special permission. Please be advised that dogs are not permitted in salons or in the wellness areas of the hotel. Fees: € 15 per day. In cases whereby a special cleaning is necessary, an additional charge will be levied separately.



VILLA EDEN VISION

Villa Eden is more than a pleasant vacation. It's an experience that can influence your quality of life. Villa Eden is the ideal place to relax, to feel better about yourself, and to discover your true potential for a life that is healthier, happier, and richer.



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